



74. Inclusive Adaptive Recreation Elements (Outdoor)

Definition	A piece of recreation equipment or component that is designed to accommodate a specific activity performed by persons with a range of abilities or disabilities. Intended for children or adults to allow them to engage in a recreational activity along side their able-bodied peers.
Size	Dependent on the manufacturer's specifications.
Possible Activities	Swings, round-about, water arch, wheelchair bicycle.
Location	Urban or suburban residential, or mixed-use environments.
Design Criteria	<p>Accommodates an activity primarily for children; young adults, adults and seniors who use adapted recreational exercise and fitness equipment may also be accommodated.</p> <p>The equipment should provide a specific activity to accommodate a full range of disabilities, physical, cognitive and sensory limitations, i.e., mobility restrictions, wheelchair access, hypo-and hyper sensory conditions. Focus should address learning: language, proprioception and enhance cognitive and physical and spatial awareness.</p> <p>Design focus should integrate the adaptive equipment with the other playground elements and seating. For example, a centralized gathering space should include varied types of group seating, shade and water fountains. Siting should consider prevailing winds, solar orientation and slope to provide optimum access for all groups.</p>

Supply Values

	Tots	Children	Teens	Young Adults	Adults	Seniors
Inclusive Recreation Center	4	6	6	9	9	9



*Nest adaptive swing,
The Playpark Exeter,
Devon, England*



Examples of Inclusive Adaptive Recreation Elements



Clockwise from top:

*Accessible splashpad,
Taylor's Dream Boundless Playground,
Kreager Park, Fort Wayne, IN
Equipment by Playworld Systems.*

*Cozy cocoon,
Designed for sensory mediation for autism,
Taylor's Dream Boundless Playground,
Kreager Park, Fort Wayne, IN*

*Parent and child cycling,
Duet wheelchair bicycle*

*Healthbeat balance steps,
Equipment by Landscape Structures*

*Revolva round-about,
Wheelchair accessible
with toddler cradle seat,
Wicksteed Playgrounds, Wicksteed, England*

