13. Indoor Gymnasium or Exercise Room

**Definition**
A small gymnasium sized to accommodate the proposed community.

**Size**
Minimum 50 by 84 feet to accommodate the equivalent of a high school-size basketball court.

**Possible Activities**
Exercise classes; basketball; volleyball; aerobics; miscellaneous fitness activities.

**Location**
Integrated to residential development.

**Design Criteria**
Provide hard surface resilient flooring.

To accommodate basketball, a minimum 16-foot ceiling height is required.

Include sound baffles or other measures to mitigate sound transmission to other spaces. Provide additional floor area for team/spectator space.

Provide inclusionary opportunities and facilities.

**Supply Values**

<table>
<thead>
<tr>
<th>Exercise Room</th>
<th>Tots</th>
<th>Children</th>
<th>Teens</th>
<th>Young Adults</th>
<th>Adults</th>
<th>Seniors</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0.10 x D1</td>
<td>0.10 x D2</td>
<td>0.30 x D3</td>
<td>0.30 x D4</td>
<td>0.30 x D5</td>
<td>0.40 x D6</td>
</tr>
</tbody>
</table>

Indoor exercise room includes a basketball area and a separate fitness area (behind glass doors), Dallas, TX