



29. Playground: Inclusive Recreation

Definition	A recreation facility that includes opportunities for sport or recreation for children with disabilities.
Size	Will vary depending on facility location or equipment type.
Possible Activities	Climbing, swinging, spinning, sliding, balancing, jumping, hanging, creative play, crawling, hiding, rocking, rolling, bouncing, digging, sand and water play.
Location	Integrated into residential development; part of a local public park; where designated by a facilities plan or local area plan.
Design Criteria	<p>Include all types of play and insure a mix of physical, sensory, and social activities. Provide areas of shade, sun and color. Provide multiple challenge levels for each type of physical play. Provide activities for balance, sensory integration, learning about safe visual and physical cues. Provide a quiet place for retreat to accommodate over-stimulation.</p> <p>Ensure modular structures provide alternative activities on each deck level.</p> <p>Encourage similar play at various ability levels in close proximity.</p> <p>Cluster activities into pods for better management.</p> <p>Consider unitary surfacing to improve wheel access and navigation.</p> <p>Ensure the most popular activities are accessible by all ability levels.</p> <p>Provide travel routes comfortable enough to accommodate wheelchairs.</p>

Source: Playground Professionals

Supply Values

	Tots	Children	Teens	Young Adults	Adults	Seniors
Inclusive Recreation Playground	12	12	4	3	10	8



*Inclusive, accessible carousel,
Clemyjontri Park, McLean, VA,
Design by
Grace Fielder and Associates, Chartered.*



Inclusive Playground Examples

*Clemyjontri Park, McLean, VA.
G.E.Fielder & Associates*

Left: Shade structures and colors

*Right: Liberty swing,
wheelchair swing*



*Left: Wheelchair trampoline,
The Playpark Exeter,
Devon, England*

*Right: Clemyjontri Park,
McLean, Virginia,.*

*Aerial view of site plan showing
the park's four play rooms*



*Right: Wheelchair seesaw,
The Playpark Exeter,
Devon, England*

